Self-Control

Galatians 5:22-23 (NASB)

But the fruit of the Spirit is ________, ________, ________, ________, ________, ________; against such things there is no law.

Matthew 4:1-4 (NASB)

Then Jesus was led up by the Spirit into the wilderness to be ________ by the devil. And after He had ________ forty days and forty nights, He then became hungry. And the tempter came and said to Him, "If You are the Son of God, command that these stones become ________." But He answered and said, "It is written, 'Man shall not live on bread alone, but on every ________ that proceeds out of the mouth of God.'"

Matthew 4:5-7 (NASB)

Then the devil took Him into the holy city and had Him stand on the pinnacle of the temple, and said to Him, "If You are the Son of God, throw Yourself down; for it is written, 'He will command His ________ concerning You'; and 'On their hands they will bear You up, So that You will not strike Your foot against a stone.'" Jesus said to him, "On the other hand, it is written, 'You shall not put the Lord your God to the ________.'"

Matthew 4:8-11 (NASB)

Again, the devil took Him to a very high mountain and showed Him all the kingdoms of the world and their glory; and he said to Him, "All these things I will ________ You, if You fall down and ________ me." Then Jesus said to him, "Go, Satan! For it is written, 'You shall worship the ________ your God, and ________ Him only.'" Then the devil left Him; and behold, angels came and began to minister to Him.

Proverbs 25:28 (ESV)

A man without ________ is like a city broken into and left without walls.

**Homework**

Self-control is something we all need to consistently work on. Write down on a piece of paper at least 3 times you were able to control yourself from doing what was wrong. Bring in the list to class next week.
**Self-Control** (Teacher's Guide)

Galatians 5:22-23 (NASB)

But the fruit of the Spirit is _love______, _joy______, __peace______, __patience______, __kindness______, __goodness____, _faithfulness______, _gentleness______, __self-control______; against such things there is no law.

Matthew 4:1-4 (NASB)

Then Jesus was led up by the Spirit into the wilderness to be _tempted______ by the devil. And after He had _fasted______ forty days and forty nights, He then became hungry. And the tempter came and said to Him, "If You are the Son of God, command that these stones become __bread____." But He answered and said, "It is written, 'Man shall not live on bread alone, but on every __word______ that proceeds out of the mouth of God.'"

Matthew 4:5-7 (NASB)

Then the devil took Him into the holy city and had Him stand on the pinnacle of the temple, and said to Him, "If You are the Son of God, throw Yourself down; for it is written, 'He will command His ___angels____ concerning You'; and 'On their hands they will bear You up, So that You will not strike Your foot against a stone.'" Jesus said to him, "On the other hand, it is written, 'You shall not put the Lord your God to the __test______.'"

Matthew 4:8-11 (NASB)

Again, the devil took Him to a very high mountain and showed Him all the kingdoms of the world and their glory; and he said to Him, "All these things I will __give____ You, if You fall down and __worship_______ me." Then Jesus said to him, "Go, Satan! For it is written, 'You shall worship the ___Lord______ your God, and ___serve_______ Him only.'" Then the devil left Him; and behold, angels came and began to minister to Him.

Proverbs 25:28 (ESV)

A man without __self-control______ is like a city broken into and left without walls.

**Homework**

Self-control is something we all need to consistently work on. Write down on a piece of paper at least 3 times you were able to control yourself from doing what was wrong. Bring in the list to class next week.